

# 8e Kasseitjes-Kermis STRATENLOOP 16/09/2023 - 10KM

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	ANGELO KRICK	WAASMUNSTER, BEL	M: 1	RUNNER	255	00:32:51.94	03:17	18.3kph	Heren: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:16:08.54	03:13	18.6kph	00:16:08.54
						Split 2	00:16:43.40	03:20	17.9kph	00:32:51.94
2	DIMITRI VAN DAMME	LOKEREN, BEL	M: 2	RUNNER	258	00:35:38.94	03:33	16.8kph	Heren: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:17:33.39	03:30	17.1kph	00:17:33.39
						Split 2	00:18:05.55	03:37	16.6kph	00:35:38.94
3	THIBAUT MONSECOUR	UITBERGEN, BEL	M: 3	RUNNER	158	00:37:36.18	03:45	16.0kph	Heren: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:18:36.82	03:43	16.1kph	00:18:36.82
						Split 2	00:18:59.37	03:47	15.8kph	00:37:36.18
4	JENS MONSECOUR	BERLARE, BEL	M: 4	RUNNER	157	00:37:50.63	03:47	15.9kph	Heren: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:18:29.42	03:41	16.2kph	00:18:29.42
						Split 2	00:19:21.21	03:52	15.5kph	00:37:50.63
5	KEVIN ROUGES	LOCHRISTI, BEL	M: 5	RUNNER	136	00:38:44.76	03:52	15.5kph	Heren: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:18:28.30	03:41	16.2kph	00:18:28.30
						Split 2	00:20:16.47	04:03	14.8kph	00:38:44.76
6	KURT STEVENS	LOCHRISTI, BEL	M: 6	RUNNER	161	00:39:04.44	03:54	15.4kph	Heren: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:19:43.47	03:56	15.2kph	00:19:43.47
						Split 2	00:19:20.98	03:52	15.5kph	00:39:04.44
7	GLEN VAN HUFFEL	LOCHRISTI, BEL	M: 7	RUNNER	140	00:40:25.92	04:02	14.8kph	Heren: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:19:43.88	03:56	15.2kph	00:19:43.88
						Split 2	00:20:42.04	04:08	14.5kph	00:40:25.92
8	DIRK PATOOR	LOCHRISTI, BEL	M: 8	RUNNER	155	00:41:28.93	04:08	14.5kph	Heren: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:20:27.07	04:05	14.7kph	00:20:27.07
						Split 2	00:21:01.86	04:12	14.3kph	00:41:28.93
9	THIERRY COURTENS	LOCHRISTI, BEL	M: 9	RUNNER	131	00:41:37.61	04:09	14.4kph	Heren: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:20:14.67	04:02	14.8kph	00:20:14.67
						Split 2	00:21:22.94	04:16	14.0kph	00:41:37.61
10	JONAS PATOOR	WICHELEN, BEL	M: 10	RUNNER	159	00:41:40.19	04:10	14.4kph	Heren: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:19:44.59	03:56	15.2kph	00:19:44.59
						Split 2	00:21:55.61	04:23	13.7kph	00:41:40.19
11	FREDERIK DE PELSEMAEKER	DESTELBERGEN, BEL	M: 11	RUNNER	156	00:41:49.00	04:10	14.3kph	Heren: 11	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:20:22.26	04:04	14.7kph	00:20:22.26
						Split 2	00:21:26.75	04:17	14.0kph	00:41:49.00
12	AMY DE VUYST	GENT, BEL	F: 1	RUNNER	145	00:42:02.52	04:12	14.3kph	Dames: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:20:34.47	04:06	14.6kph	00:20:34.47
						Split 2	00:21:28.05	04:17	14.0kph	00:42:02.52
13	BART VAN DAELE	LOCHRISTI, BEL	M: 12	RUNNER	259	00:44:26.44	04:26	13.5kph	Heren: 12	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:32.70	04:18	13.9kph	00:21:32.70
						Split 2	00:22:53.74	04:34	13.1kph	00:44:26.44
14	SEBASTIAAN DE BOODT	LOCHRISTI, BEL	M: 13	RUNNER	132	00:44:36.48	04:27	13.5kph	Heren: 13	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:20:19.47	04:03	14.8kph	00:20:19.47
						Split 2	00:24:17.02	04:51	12.4kph	00:44:36.48
15	AARON DE RUYVER	LOCHRISTI, BEL	M: 14	RUNNER	124	00:44:53.40	04:29	13.4kph	Heren: 14	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:14.54	04:14	14.1kph	00:21:14.54
						Split 2	00:23:38.87	04:43	12.7kph	00:44:53.40

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
16	JONAS ALLEGAERT	LOCHRISTI, BEL	M: 15	RUNNER	246	00:45:49.85	04:34	13.1kph	Heren: 15	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:22:12.98	04:26	13.5kph	00:22:12.98
						Split 2	00:23:36.87	04:43	12.7kph	00:45:49.85
17	EWALD GOOSSENS	MEULEBEKE, BEL	M: 16	RUNNER	247	00:45:51.21	04:35	13.1kph	Heren: 16	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:36.20	04:19	13.9kph	00:21:36.20
						Split 2	00:24:15.01	04:51	12.4kph	00:45:51.21
18	FRANK VAN OVERWALLE	LOCHRISTI, BEL	M: 17	RUNNER	154	00:48:06.35	04:48	12.5kph	Heren: 17	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:32.12	04:42	12.7kph	00:23:32.12
						Split 2	00:24:34.24	04:54	12.2kph	00:48:06.35
19	OLIVIER (REFRESH VASTGOEDBURO) D HONDT	LOCHRISTI, BEL	M: 18	RUNNER	146	00:48:29.35	04:50	12.4kph	Heren: 18	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:13.32	04:38	12.9kph	00:23:13.32
						Split 2	00:25:16.04	05:03	11.9kph	00:48:29.35
20	PETER PRAET	ZAFFE, BEL	M: 19	RUNNER	254	00:49:56.74	04:59	12.0kph	Heren: 19	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:21.81	04:40	12.8kph	00:23:21.81
						Split 2	00:26:34.94	05:18	11.3kph	00:49:56.74
21	FEBE DE WOLF	LOCHRISTI, BEL	F: 2	RUNNER	251	00:50:20.00	05:02	11.9kph	Dames: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:57.67	04:47	12.5kph	00:23:57.67
						Split 2	00:26:22.33	05:16	11.4kph	00:50:20.00
22	FILIP DE WOLF	LOCHRISTI, BEL	M: 20	RUNNER	252	00:50:20.49	05:02	11.9kph	Heren: 20	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:57.20	04:47	12.5kph	00:23:57.20
						Split 2	00:26:23.29	05:16	11.4kph	00:50:20.49
23	LUDWIG VERSCHRAEGEN	LOCHRISTI, BEL	M: 21	RUNNER	241	00:51:07.59	05:06	11.7kph	Heren: 21	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:44.71	04:44	12.6kph	00:23:44.71
						Split 2	00:27:22.89	05:28	11.0kph	00:51:07.59
24	BAVO GORIS	HOVE, BEL	M: 22	RUNNER	142	00:51:14.73	05:07	11.7kph	Heren: 22	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:42.03	05:08	11.7kph	00:25:42.03
						Split 2	00:25:32.71	05:06	11.7kph	00:51:14.73
25	JOREN GOMMERS	LOCHRISTI, BEL	M: 23	RUNNER	257	00:51:37.99	05:09	11.6kph	Heren: 23	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:24.92	05:28	10.9kph	00:27:24.92
						Split 2	00:24:13.08	04:50	12.4kph	00:51:37.99
26	LEEN DE BRUYN	LOCHRISTI, BEL	F: 3	RUNNER	153	00:52:08.65	05:12	11.5kph	Dames: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:10.31	05:02	11.9kph	00:25:10.31
						Split 2	00:26:58.34	05:23	11.1kph	00:52:08.65
27	EMMANUEL CALLEBAUT	LOCHRISTI, BEL	M: 24	RUNNER	149	00:52:35.50	05:15	11.4kph	Heren: 24	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:32.52	05:06	11.7kph	00:25:32.52
						Split 2	00:27:02.98	05:24	11.1kph	00:52:35.50
28	FLOR DE MUYNCK	LOCHRISTIE, BEL	M: 25	RUNNER	242	00:53:16.25	05:19	11.3kph	Heren: 25	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:33.80	05:18	11.3kph	00:26:33.80
						Split 2	00:26:42.46	05:20	11.2kph	00:53:16.25
29	FREDERIC DE BRUYNE	LOCHRISTI, BEL	M: 26	RUNNER	253	00:53:18.75	05:19	11.3kph	Heren: 26	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:02.72	05:00	12.0kph	00:25:02.72
						Split 2	00:28:16.03	05:39	10.6kph	00:53:18.75
30	JULES CALLEBAUT	LOCHRISTI, BEL	M: 27	RUNNER	150	00:54:15.58	05:25	11.1kph	Heren: 27	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:27.69	05:29	10.9kph	00:27:27.69
						Split 2	00:26:47.89	05:21	11.2kph	00:54:15.58

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
31	VICTOR LEENAERT	DESTELBERGEN, BEL	M: 28	RUNNER	256	00:57:48.15	05:46	10.4kph	Heren: 28	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:26.15	05:29	10.9kph	00:27:26.15
						Split 2	00:30:22.01	06:04	9.9kph	00:57:48.15
32	STEVE DE GROOTE	LOCHRISTI, BEL	M: 29	RUNNER	243	00:58:17.51	05:49	10.3kph	Heren: 29	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:01.96	05:36	10.7kph	00:28:01.96
						Split 2	00:30:15.55	06:03	9.9kph	00:58:17.51
33	DOMINIQUE APERS	SINT AMANDSBERG, BEL	F: 4	RUNNER	160	00:58:44.29	05:52	10.2kph	Dames: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:08.51	05:37	10.7kph	00:28:08.51
						Split 2	00:30:35.78	06:07	9.8kph	00:58:44.29
34	EVELIEN VAN DAMME	LOCHRISTI, BEL	F: 5	RUNNER	250	00:58:52.92	05:53	10.2kph	Dames: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:54.22	05:46	10.4kph	00:28:54.22
						Split 2	00:29:58.71	05:59	10.0kph	00:58:52.92
35	STIJN DE PAUW	LOCHRISTI, BEL	M: 30	RUNNER	133	01:01:14.09	06:07	9.8kph	Heren: 30	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:14.48	06:14	9.6kph	00:31:14.48
						Split 2	00:29:59.61	05:59	10.0kph	01:01:14.09
36	ELKE PRINGELS	LOCHRISTI, BEL	F: 6	RUNNER	135	01:01:56.80	06:11	9.7kph	Dames: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:56.17	06:23	9.4kph	00:31:56.17
						Split 2	00:30:00.64	06:00	10.0kph	01:01:56.80
37	TINE MAES	GENT, BEL	F: 7	RUNNER	147	01:02:38.94	06:15	9.6kph	Dames: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:30:19.43	06:03	9.9kph	00:30:19.43
						Split 2	00:32:19.52	06:27	9.3kph	01:02:38.94
38	DIMITRI DE BRUYCKER	LOCHRISTI, BEL	M: 31	RUNNER	244	01:03:47.94	06:22	9.4kph	Heren: 31	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:30:18.82	06:03	9.9kph	00:30:18.82
						Split 2	00:33:29.12	06:41	9.0kph	01:03:47.94
39	LIESBETH DEPAEPE	LOCHRISTI, BEL	F: 8	RUNNER	134	01:04:31.28	06:27	9.3kph	Dames: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:37.85	06:19	9.5kph	00:31:37.85
						Split 2	00:32:53.43	06:34	9.1kph	01:04:31.28
40	SANDRA VAN DER STICHEL	LOCHRISTI, BEL	F: 9	RUNNER	138	01:04:39.51	06:27	9.3kph	Dames: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:44.95	06:20	9.4kph	00:31:44.95
						Split 2	00:32:54.57	06:34	9.1kph	01:04:39.51
41	CAROL THYS	LOCHRISTI, BEL	F: 10	RUNNER	139	01:04:39.72	06:27	9.3kph	Dames: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:44.42	06:20	9.5kph	00:31:44.42
						Split 2	00:32:55.31	06:35	9.1kph	01:04:39.72
42	AN VAN HEULE	LOCHRISTI, BEL	F: 11	RUNNER	127	01:05:30.59	06:33	9.2kph	Dames: 11	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:43.69	06:20	9.5kph	00:31:43.69
						Split 2	00:33:46.91	06:45	8.9kph	01:05:30.59
43	RUDI GRAMBERGEN	RONSE, BEL	M: 32	RUNNER	245	01:06:23.24	06:38	9.0kph	Heren: 32	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:30:58.50	06:11	9.7kph	00:30:58.50
						Split 2	00:35:24.74	07:04	8.5kph	01:06:23.24
44	SANDRO DI NUNZIO	LOCHRISTI, BEL	M: 33	RUNNER	148	01:08:00.40	06:48	8.8kph	Heren: 33	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:30:17.99	06:03	9.9kph	00:30:17.99
						Split 2	00:37:42.41	07:32	8.0kph	01:08:00.40
45	ELLEN ARDEEL	LOCHRISTI, BEL	F: 12	RUNNER	129	01:09:02.40	06:54	8.7kph	Dames: 12	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:57.14	06:23	9.4kph	00:31:57.14
						Split 2	00:37:05.26	07:25	8.1kph	01:09:02.40

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46	MARC BOTERDAELE	LOCHRISTI, BEL	M: 34	RUNNER	130	01:12:40.66	07:16	8.3kph	Heren: 34	
			<u>Split Description</u>			<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Split 1			00:33:53.37		06:46	8.9kph	00:33:53.37
			Split 2			00:38:47.29		07:45	7.7kph	01:12:40.66