

# Kappelekensjogging 2023 - 12KM

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	KEN MOESICK	HAMME, BEL	M: 1	RUNNER	311	00:39:10.66	03:26	17.5kph	Heren: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:09:17.55	03:19	18.1kph	00:09:17.55
						Split 2	00:09:48.54	03:30	17.1kph	00:19:06.09
						Split 3	00:10:02.52	03:35	16.7kph	00:29:08.61
						Split 4	00:10:02.06	03:35	16.7kph	00:39:10.66
2	YOERIK WAGEMANS	LOKEREN, BEL	M: 2	RUNNER	315	00:42:09.02	03:41	16.2kph	Heren: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:10:07.38	03:36	16.6kph	00:10:07.38
						Split 2	00:10:35.35	03:46	15.9kph	00:20:42.72
						Split 3	00:10:47.39	03:51	15.6kph	00:31:30.10
						Split 4	00:10:38.92	03:48	15.8kph	00:42:09.02
3	JORIS MICHIELS	GREMBERGEN, BEL	M: 3	RUNNER	309	00:42:13.46	03:42	16.2kph	Heren: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:10:29.66	03:44	16.0kph	00:10:29.66
						Split 2	00:10:39.09	03:48	15.8kph	00:21:08.74
						Split 3	00:10:44.73	03:50	15.6kph	00:31:53.47
						Split 4	00:10:19.99	03:41	16.3kph	00:42:13.46
4	STIJN QUINTELIER	GREMBERGEN, BEL	M: 4	RUNNER	306	00:44:45.26	03:55	15.3kph	Heren: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:10:30.94	03:45	16.0kph	00:10:30.94
						Split 2	00:11:10.41	03:59	15.0kph	00:21:41.34
						Split 3	00:11:35.22	04:08	14.5kph	00:33:16.56
						Split 4	00:11:28.71	04:05	14.6kph	00:44:45.26
5	MIGUEL EECKMAN	GREMBERGEN, BEL	M: 5	RUNNER	310	00:46:10.57	04:03	14.8kph	Heren: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:07.84	03:58	15.1kph	00:11:07.84
						Split 2	00:11:53.01	04:14	14.1kph	00:23:00.85
						Split 3	00:11:41.69	04:10	14.4kph	00:34:42.53
						Split 4	00:11:28.04	04:05	14.7kph	00:46:10.57
6	PATRICK VAN WAES	LOKEREN, BEL	M: 6	RUNNER	313	00:46:13.36	04:03	14.8kph	Heren: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:27.20	04:05	14.7kph	00:11:27.20
						Split 2	00:11:36.68	04:08	14.5kph	00:23:03.88
						Split 3	00:11:39.01	04:09	14.4kph	00:34:42.89
						Split 4	00:11:30.48	04:06	14.6kph	00:46:13.36
7	GINO DE COCK	SINT GILLIS DENDERMONDE, BEL	M: 7	RUNNER	305	00:46:49.10	04:06	14.6kph	Heren: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:14:14.08	05:05	11.8kph	00:14:14.08
						Split 2	00:10:35.85	03:47	15.9kph	00:24:49.93
						Split 3	00:10:53.28	03:53	15.4kph	00:35:43.20
						Split 4	00:11:05.90	03:57	15.1kph	00:46:49.10
8	EVELINE AUDENAERT	GREMBERGEN, BEL	F: 1	RUNNER	303	00:50:06.28	04:23	13.7kph	Dames: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:59.57	04:16	14.0kph	00:11:59.57
						Split 2	00:12:30.27	04:27	13.4kph	00:24:29.83
						Split 3	00:12:44.79	04:33	13.2kph	00:37:14.61
						Split 4	00:12:51.67	04:35	13.1kph	00:50:06.28
9	TOM DE CLERCQ	HAMME, BEL	M: 8	RUNNER	302	00:50:22.51	04:25	13.6kph	Heren: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:55.89	04:15	14.1kph	00:11:55.89
						Split 2	00:12:33.94	04:29	13.4kph	00:24:29.83
						Split 3	00:12:55.36	04:36	13.0kph	00:37:25.19
						Split 4	00:12:57.32	04:37	13.0kph	00:50:22.51
10	JAN SCHOONJANS	GREMBERGEN, BEL	M: 9	RUNNER	301	00:51:21.44	04:30	13.3kph	Heren: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:12:56.55	04:37	13.0kph	00:12:56.55
						Split 2	00:12:55.66	04:37	13.0kph	00:25:52.21
						Split 3	00:12:47.89	04:34	13.1kph	00:38:40.09
						Split 4	00:12:41.35	04:31	13.2kph	00:51:21.44
11	FEMKE VAN UYTFANG	GREMBERGEN, BEL	F: 2	RUNNER	307	00:52:05.44	04:34	13.1kph	Dames: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:12:12.39	04:21	13.8kph	00:12:12.39
						Split 2	00:12:51.43	04:35	13.1kph	00:25:03.81
						Split 3	00:13:24.24	04:47	12.5kph	00:38:28.04
						Split 4	00:13:37.41	04:51	12.3kph	00:52:05.44

