

6 km cava jogging Huivelde

Mannen

Place	Bib #	Name	Time	Type	City	
1	182	ERWIN VAN PUYENBROECK	00:21:58.93	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:41.880	10.5mph	05:44	00:10:41.880
		Split 2	00:11:17.050	9.9mph	06:03	00:21:58.930
2	195	REX CASTELIJN	00:23:54.88	Runner	Temse	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:34.050	9.7mph	06:12	00:11:34.050
		Split 2	00:12:20.830	9.1mph	06:37	00:23:54.880
3	193	LUC EVERAERT	00:24:12.77	Runner	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:50.770	9.4mph	06:21	00:11:50.770
		Split 2	00:12:22.000	9.0mph	06:38	00:24:12.770
4	207	JARNE DE WILDE	00:26:27.48	Runner	Kalken	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:43.460	8.8mph	06:49	00:12:43.460
		Split 2	00:13:44.020	8.1mph	07:22	00:26:27.480
5	157	CHRISTOF VAN CAUTEREN	00:28:12.05	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:37.100	8.2mph	07:18	00:13:37.100
		Split 2	00:14:34.950	7.7mph	07:49	00:28:12.050
6	165	BRUNO MICHELS	00:29:06.63	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:52.660	7.5mph	07:58	00:14:52.660
		Split 2	00:14:13.970	7.9mph	07:38	00:29:06.630
7	176	PATRICK ROOSENBOOM	00:30:23.47	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:12.310	7.4mph	08:09	00:15:12.310
		Split 2	00:15:11.160	7.4mph	08:08	00:30:23.470
8	184	IVAN DE KEYSER	00:31:10.41	Runner	Waasmunster	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:37.190	8.2mph	07:18	00:13:37.190
		Split 2	00:17:33.220	6.4mph	09:24	00:31:10.410
9	156	KOEN DE VRIESE	00:31:41.11	Runner	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:55.207	7.0mph	08:32	00:15:55.207
		Split 2	00:15:45.903	7.1mph	08:27	00:31:41.110
10	145	HERMAN VAN DRIESSE	00:31:51.11	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:49.000	7.1mph	08:29	00:15:49.000
		Split 2	00:16:02.110	7.0mph	08:36	00:31:51.110
11	153	LARS MICHELS	00:31:55.45	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:46.470	7.6mph	07:55	00:14:46.470
		Split 2	00:17:08.980	6.5mph	09:11	00:31:55.450
12	161	BART VANHEULENBERGHE	00:32:41.96	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:54.000	7.0mph	08:31	00:15:54.000
		Split 2	00:16:47.960	6.7mph	09:00	00:32:41.960
13	149	THIJS D'HOOGE	00:33:38.26	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:16.470	6.9mph	08:43	00:16:16.470
		Split 2	00:17:21.790	6.4mph	09:18	00:33:38.260
14	147	TOM DE RUDDER	00:34:02.63	Runner	Temse	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:55.710	7.0mph	08:32	00:15:55.710
		Split 2	00:18:06.920	6.2mph	09:43	00:34:02.630
15	204	LUDWIG VAN GEYTE	00:39:02.37	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:18:51.370	5.9mph	10:06	00:18:51.370
		Split 2	00:20:11.000	5.5mph	10:49	00:39:02.370

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16	190	WARRE VAN HECKE	00:43:30.11	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:18:25.210	6.1mph	09:52	00:18:25.210
		Split 2	00:25:04.900	4.5mph	13:27	00:43:30.110

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Place	Bib #	Name	Time	Type	City	
1	141	GISELA VAN DEN BERGH	00:29:34.04	Runner	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:51.720	7.5mph	07:58	00:14:51.720
		Split 2	00:14:42.320	7.6mph	07:53	00:29:34.040
2	206	MARIANNE VAN RAEMDONCK	00:32:21.39	Runner	Hamme Zogge	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:51.670	7.1mph	08:30	00:15:51.670
		Split 2	00:16:29.720	6.8mph	08:50	00:32:21.390
3	202	MARITA HOFMANS	00:32:32.06	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:55.480	7.0mph	08:32	00:15:55.480
		Split 2	00:16:36.580	6.7mph	08:54	00:32:32.060
4	188	CAROLIEN PIESSENS	00:33:13.87	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:47.410	7.1mph	08:28	00:15:47.410
		Split 2	00:17:26.460	6.4mph	09:21	00:33:13.870
5	192	NICOLE GOETHALS	00:34:45.75	Runner	St niklaas	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:31.400	6.8mph	08:51	00:16:31.400
		Split 2	00:18:14.350	6.1mph	09:47	00:34:45.750
6	178	ROSIA DEL CAMPO	00:39:20.85	Runner	Florenville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:19:36.280	5.7mph	10:31	00:19:36.280
		Split 2	00:19:44.570	5.7mph	10:35	00:39:20.850
7	155	KARIEN SANDERS	00:43:51.45	Runner	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:20:59.030	5.3mph	11:15	00:20:59.030
		Split 2	00:22:52.420	4.9mph	12:16	00:43:51.450