

12 km cava jogging Huivelde

Mannen

Place	Bib #	Name	Time	Type	City	
1	203	KEN MOESICK	00:44:08.69	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:22.344	10.8mph	05:33	00:10:22.344
		Split 2	00:11:06.569	10.1mph	05:57	00:21:28.913
		Split 3	00:11:21.603	9.8mph	06:05	00:32:50.516
		Split 4	00:11:18.183	9.9mph	06:03	00:44:08.699
2	208	ELIAS DE WILDE	00:45:02.73	Runner	Kalken	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:50.013	10.3mph	05:48	00:10:50.013
		Split 2	00:11:19.598	9.9mph	06:04	00:22:09.611
		Split 3	00:11:29.001	9.7mph	06:09	00:33:38.612
		Split 4	00:11:24.119	9.8mph	06:06	00:45:02.731
3	166	JONAS ROELS	00:46:36.90	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:19.910	9.9mph	06:04	00:11:19.910
		Split 2	00:11:37.914	9.6mph	06:14	00:22:57.824
		Split 3	00:11:49.894	9.5mph	06:20	00:34:47.718
		Split 4	00:11:49.191	9.5mph	06:20	00:46:36.909
4	160	GREGORY MEERT	00:48:49.52	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:08.796	9.2mph	06:30	00:12:08.796
		Split 2	00:12:15.782	9.1mph	06:34	00:24:24.578
		Split 3	00:12:18.360	9.1mph	06:36	00:36:42.938
		Split 4	00:12:06.590	9.2mph	06:29	00:48:49.528
5	152	JAN VAN DE WIELLE	00:49:01.32	Runner	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:45.123	9.5mph	06:18	00:11:45.123
		Split 2	00:12:07.315	9.2mph	06:30	00:23:52.438
		Split 3	00:12:32.512	8.9mph	06:43	00:36:24.950
		Split 4	00:12:36.379	8.9mph	06:45	00:49:01.329
6	171	PIETER VERMEIREN	00:49:50.67	Runner	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:08.188	9.2mph	06:30	00:12:08.188
		Split 2	00:12:18.322	9.1mph	06:36	00:24:26.510
		Split 3	00:12:43.099	8.8mph	06:49	00:37:09.609
		Split 4	00:12:41.069	8.8mph	06:48	00:49:50.678
7	144	JURGEN VERHELST	00:54:00.38	Runner	9220 Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:26.968	9.0mph	06:40	00:12:26.968
		Split 2	00:13:41.370	8.2mph	07:20	00:26:08.338
		Split 3	00:13:59.629	8.0mph	07:30	00:40:07.967
		Split 4	00:13:52.416	8.1mph	07:26	00:54:00.383
8	164	VINCENT CHRISTIAENS	00:54:28.99	Runner	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:37.554	8.2mph	07:18	00:13:37.554
		Split 2	00:13:21.930	8.4mph	07:10	00:26:59.484
		Split 3	00:13:45.018	8.1mph	07:22	00:40:44.502
		Split 4	00:13:44.489	8.1mph	07:22	00:54:28.991
9	191	FILIP VAN HECKE	00:59:24.79	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:26.727	8.3mph	07:12	00:13:26.727
		Split 2	00:14:56.327	7.5mph	08:00	00:28:23.054
		Split 3	00:15:33.333	7.2mph	08:20	00:43:56.387
		Split 4	00:15:28.411	7.2mph	08:18	00:59:24.798
10	151	DANIEL DE SAEGER	01:03:07.86	Runner	Sint niklaas	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:50.425	7.1mph	08:29	00:15:50.425
		Split 2	00:15:29.785	7.2mph	08:18	00:31:20.210
		Split 3	00:15:49.320	7.1mph	08:29	00:47:09.530
		Split 4	00:15:58.330	7.0mph	08:34	01:03:07.860
11	142	JEAN BOSCO MUREGO	01:04:52.22	Runner	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:47.495	7.1mph	08:28	00:15:47.495
		Split 2	00:15:34.333	7.2mph	08:21	00:31:21.828
		Split 3	00:16:42.128	6.7mph	08:57	00:48:03.956
		Split 4	00:16:48.272	6.7mph	09:00	01:04:52.228

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Place	Bib #	Name	Time	Type	City	
12	158	PIETER HERWEGE	01:05:58.46	Runner	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:46.566	7.1mph	08:27	00:15:46.566
		Split 2	00:16:54.976	6.6mph	09:04	00:32:41.542
		Split 3	00:17:08.481	6.5mph	09:11	00:49:50.023
		Split 4	00:16:08.437	6.9mph	08:39	01:05:58.460
13	167	PATRICK VANDE CAVEY	01:11:04.09	Runner	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:53.644	6.6mph	09:03	00:16:53.644
		Split 2	00:17:26.370	6.4mph	09:21	00:34:20.014
		Split 3	00:18:07.222	6.2mph	09:43	00:52:27.236
		Split 4	00:18:36.861	6.0mph	09:59	01:11:04.097

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Place	Bib #	Name	Time	Type	City	
1	177	FLEUR DE NIL	00:54:28.22	Runner	Erembodegem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:24.180	8.3mph	07:11	00:13:24.180
		Split 2	00:13:40.054	8.2mph	07:19	00:27:04.234
		Split 3	00:13:42.567	8.2mph	07:21	00:40:46.801
		Split 4	00:13:41.419	8.2mph	07:20	00:54:28.220
2	162	MARIA HERMANS	01:06:40.92	Runner	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:50.158	7.1mph	08:29	00:15:50.158
		Split 2	00:16:18.757	6.9mph	08:45	00:32:08.915
		Split 3	00:17:09.844	6.5mph	09:12	00:49:18.759
		Split 4	00:17:22.167	6.4mph	09:19	01:06:40.926
3	150	KARIN VERMEISSEN	01:11:04.17	Runner	Waasmunster	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:53.582	6.6mph	09:03	00:16:53.582
		Split 2	00:17:26.542	6.4mph	09:21	00:34:20.124
		Split 3	00:18:07.557	6.2mph	09:43	00:52:27.681
		Split 4	00:18:36.494	6.0mph	09:58	01:11:04.175
4	143	VEERLE VERMEIRE	01:29:41.00	Runner	Laken	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:19:39.755	5.7mph	10:32	00:19:39.755
		Split 2	00:21:30.921	5.2mph	11:32	00:41:10.676
		Split 3	00:23:16.250	4.8mph	12:29	01:04:26.926
		Split 4	00:25:14.074	4.4mph	13:32	01:29:41.000