

22ste Vlaschaard Duatlon 2022

HEREN -23

Place	Bib #	Name	Time	Type	City
1	81	NICOLAS DE SMET	01:15:39.31	HU23	Waregem
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:15:39.709	11.7mph	05:08 00:15:39.709
		Bike	00:52:03.685	25.1mph	02:23 01:07:43.394
		Run 2	00:07:55.916	11.5mph	05:12 01:15:39.310
2	69	MATTHIAS LOEYS	01:15:52.26	HU23	Gent
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:15:52.297	11.5mph	05:12 00:15:52.297
		Bike	00:52:04.867	25.1mph	02:23 01:07:57.164
		Run 2	00:07:55.096	11.5mph	05:12 01:15:52.260
3	105	LOUIS MISPLON	01:15:54.34	HU23	Gentbrugge
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:15:41.285	11.6mph	05:09 00:15:41.285
		Bike	00:52:16.050	25.0mph	02:23 01:07:57.335
		Run 2	00:07:57.008	11.5mph	05:13 01:15:54.343
4	65	HAN LAMBRECHT	01:15:58.28	HU23	Aalst
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:18:33.503	9.8mph	06:05 00:18:33.503
		Bike	00:48:53.057	26.7mph	02:14 01:07:26.560
		Run 2	00:08:31.720	10.7mph	05:36 01:15:58.280
5	43	VIC VANDENDAELE	01:17:02.07	HU23	Kluisbergen
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:16:29.229	11.1mph	05:24 00:16:29.229
		Bike	00:49:11.591	26.6mph	02:15 01:05:40.820
		Run 2	00:11:21.250	8.0mph	07:27 01:17:02.070
6	63	ELIAS VAN LANDEGHEM	01:17:05.84	HU23	Aalter
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:16:22.595	11.2mph	05:22 00:16:22.595
		Bike	00:52:43.233	24.8mph	02:25 01:09:05.828
		Run 2	00:08:00.013	11.4mph	05:15 01:17:05.841
7	91	TOM VERHEYDEN	01:20:02.85	HU23	Lebbeke
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:16:14.571	11.2mph	05:20 00:16:14.571
		Bike	00:54:52.707	23.8mph	02:31 01:11:07.278
		Run 2	00:08:55.580	10.2mph	05:51 01:20:02.858
8	119	NICK WOUTERS	01:21:45.10	HU23	Buizingen
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:18:40.786	9.8mph	06:08 00:18:40.786
		Bike	00:54:23.953	24.0mph	02:29 01:13:04.739
		Run 2	00:08:40.366	10.5mph	05:41 01:21:45.105
9	99	MATTEO VANDENDRIESSCHE	01:23:13.77	HU23	Anserouel
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:18:21.938	9.9mph	06:01 00:18:21.938
		Bike	00:55:39.685	23.5mph	02:33 01:14:01.623
		Run 2	00:09:12.154	9.9mph	06:02 01:23:13.777
10	39	WOUT DE WILDE	01:24:42.50	HU23	Wichelen
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:17:25.190	10.5mph	05:43 00:17:25.190
		Bike	00:58:56.215	22.2mph	02:42 01:16:21.405
		Run 2	00:08:21.095	10.9mph	05:29 01:24:42.500
11	93	STAF VAN GEET	01:25:45.31	HU23	Opwijk
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:18.474	9.5mph	06:20 00:19:18.474
		Bike	00:56:17.196	23.2mph	02:34 01:15:35.670
		Run 2	00:10:09.645	9.0mph	06:40 01:25:45.315
12	36	RUBEN DE BAETS	01:27:30.15	HU23	Bottelare
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:40.499	9.3mph	06:27 00:19:40.499
		Bike	00:58:14.362	22.5mph	02:40 01:17:54.861
		Run 2	00:09:35.298	9.5mph	06:17 01:27:30.159
13	128	VIKTOR ANTOONS	01:30:42.94	HU23	Wezembeek-oppem
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:43.855	9.3mph	06:28 00:19:43.855
		Bike	01:01:11.114	21.4mph	02:48 01:20:54.969
		Run 2	00:09:47.973	9.3mph	06:26 01:30:42.942

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Place	Bib #	Name	Time	Type	City
14	35	SENNE DE COSTER	01:34:38.46	HU23	Berlare
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:05.756	9.6mph	06:16 00:19:05.756
		Bike	01:06:45.434	19.6mph	03:03 01:25:51.190
		Run 2	00:08:47.275	10.4mph	05:46 01:34:38.465
15	90	JONAS VAN DEN BUSSCHE	01:36:31.20	HU23	Lochristi
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:20:31.932	8.9mph	06:44 00:20:31.932
		Bike	01:05:31.002	20.0mph	03:00 01:26:02.934
		Run 2	00:10:28.270	8.7mph	06:52 01:36:31.204

DAMES -23

Place	Bib #	Name	Time	Type	City
1	111	CAMILLE ROMAN	01:25:00.16	DU23	Aalter
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:01.355	9.6mph	06:14 00:19:01.355
		Bike	00:56:35.237	23.1mph	02:35 01:15:36.592
		Run 2	00:09:23.568	9.7mph	06:10 01:25:00.160
2	122	SILKE VAN DEN BERGH	01:30:04.24	DU23	Kalmthout
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:23:40.495	7.7mph	07:46 00:23:40.495
		Bike	00:54:51.095	23.8mph	02:31 01:18:31.590
		Run 2	00:11:32.657	7.9mph	07:34 01:30:04.247
3	87	MARIE VAN DEN BUSSCHE	01:35:48.33	DU23	Lochristi
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:20.301	9.4mph	06:21 00:19:20.301
		Bike	01:07:09.317	19.5mph	03:04 01:26:29.618
		Run 2	00:09:18.718	9.8mph	06:07 01:35:48.336
4	89	JOHANNA VAN DEN BUSSCHE	01:38:34.51	DU23	Lochristi
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:21:48.456	8.4mph	07:09 00:21:48.456
		Bike	01:05:36.022	19.9mph	03:00 01:27:24.478
		Run 2	00:11:10.032	8.2mph	07:20 01:38:34.510
5	38	SABINE CARTON	01:59:43.26	DU23	Bergen op Zoom
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:25:31.817	7.2mph	08:23 00:25:31.817
		Bike	01:20:48.509	16.2mph	03:42 01:46:20.326
		Run 2	00:13:22.941	6.8mph	08:47 01:59:43.267

HEREN +40

Place	Bib #	Name	Time	Type	City
1	30	BART VERKAEMER	01:21:34.75	H40	Waregem
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:17:59.277	10.2mph	05:54 00:17:59.277
		Bike	00:54:06.999	24.2mph	02:29 01:12:06.276
		Run 2	00:09:28.479	9.6mph	06:13 01:21:34.755
2	82	PETER VAN MOSSELVELDE	01:21:49.30	H40	Oostrozebeke
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:18:32.251	9.9mph	06:05 00:18:32.251
		Bike	00:54:15.213	24.1mph	02:29 01:12:47.464
		Run 2	00:09:01.837	10.1mph	05:55 01:21:49.301
3	53	JAN VAN DE WIELLE	01:22:34.51	H40	Zele
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:18:59.191	9.6mph	06:14 00:18:59.191
		Bike	00:53:55.528	24.2mph	02:28 01:12:54.719
		Run 2	00:09:39.800	9.5mph	06:20 01:22:34.519
4	78	STEFAN GREMMENS	01:24:47.85	H40	Callenelle
<i>Split Description Split Times Speed Pace Cumulative</i>					
		Run 1	00:19:26.674	9.4mph	06:23 00:19:26.674
		Bike	00:56:17.614	23.2mph	02:34 01:15:44.288
		Run 2	00:09:03.564	10.1mph	05:57 01:24:47.852

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HEREN +40

Place	Bib #	Name	Time	Type	City	
5	97	FELIPE GARCIA FONS	01:25:11.34	H40	Gent	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:19:51.331	9.2mph	06:31	00:19:51.331
		Bike	00:55:59.216	23.4mph	02:34	01:15:50.547
		Run 2	00:09:20.799	9.8mph	06:08	01:25:11.346
6	106	JAN VERROEST	01:25:19.65	H40	Brugge	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:19:38.703	9.3mph	06:27	00:19:38.703
		Bike	00:56:26.070	23.2mph	02:35	01:16:04.773
		Run 2	00:09:14.878	9.9mph	06:04	01:25:19.651
7	20	MARTY VAN KERCKHOVE	01:25:26.19	H40	Lokeren	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:19:56.189	9.2mph	06:32	00:19:56.189
		Bike	00:55:43.870	23.5mph	02:33	01:15:40.059
		Run 2	00:09:46.132	9.4mph	06:25	01:25:26.191
8	14	TIM DE CRAENE	01:25:38.00	H40	Lokeren	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:19:11.748	9.5mph	06:18	00:19:11.748
		Bike	00:56:27.997	23.2mph	02:35	01:15:39.745
		Run 2	00:09:58.263	9.2mph	06:32	01:25:38.008
9	73	JOHAN THOEN	01:26:48.11	H40	Steendorp	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:20:13.724	9.0mph	06:38	00:20:13.724
		Bike	00:56:40.433	23.1mph	02:36	01:16:54.157
		Run 2	00:09:53.960	9.2mph	06:30	01:26:48.117
10	15	CHRISTOPHE D'HOOGE	01:26:59.50	H40	Dendermonde	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:20:25.632	8.9mph	06:42	00:20:25.632
		Bike	00:56:16.157	23.2mph	02:34	01:16:41.789
		Run 2	00:10:17.715	8.9mph	06:45	01:26:59.504
11	85	BJORN QUIDE	01:29:45.42	H40	Moorsel	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:21:00.314	8.7mph	06:53	00:21:00.314
		Bike	00:58:11.541	22.5mph	02:40	01:19:11.855
		Run 2	00:10:33.565	8.7mph	06:56	01:29:45.420
12	70	DIETRICH DECRU	01:29:45.94	H40	Bellegem	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:22:20.687	8.2mph	07:20	00:22:20.687
		Bike	00:56:46.563	23.0mph	02:36	01:19:07.250
		Run 2	00:10:38.691	8.6mph	06:59	01:29:45.941
13	123	SNOECK MARNIK	01:32:07.92	H40	Hamme	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:20:56.395	8.7mph	06:52	00:20:56.395
		Bike	01:00:21.065	21.7mph	02:46	01:21:17.460
		Run 2	00:10:50.468	8.4mph	07:07	01:32:07.928
14	16	PIETER VERMEIREN	01:34:12.74	H40	Zele	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:20:53.745	8.7mph	06:51	00:20:53.745
		Bike	01:03:31.435	20.6mph	02:54	01:24:25.180
		Run 2	00:09:47.568	9.3mph	06:25	01:34:12.748
15	58	TIMO VAN DEN BROECK	01:37:58.29	H40	Affligem	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:22:14.108	8.2mph	07:18	00:22:14.108
		Bike	01:07:47.164	19.3mph	03:06	01:30:01.272
		Run 2	00:07:57.024	11.5mph	05:13	01:37:58.296
16	86	GLENN DE TROCH	01:51:22.12	H40	Liedekerke	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:24:26.025	7.5mph	08:01	00:24:26.025
		Bike	01:12:22.017	18.1mph	03:19	01:36:48.042
		Run 2	00:14:34.079	6.3mph	09:34	01:51:22.121

DAMES +40

Place	Bib #	Name	Time	Type	City	
1	117	KRIS BOGAERT	01:21:53.97	D40	Grimminge	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:18:34.307	9.8mph	06:05	00:18:34.307
		Bike	00:54:11.768	24.1mph	02:29	01:12:46.075
		Run 2	00:09:07.901	10.0mph	05:59	01:21:53.976
2	98	EVI VOET	01:43:18.08	D40	Gent	
		Split Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:23:55.943	7.6mph	07:51	00:23:55.943
		Bike	01:07:30.136	19.4mph	03:05	01:31:26.079
		Run 2	00:11:52.002	7.7mph	07:47	01:43:18.081

22ste Vlaschaard Duatlon 2022

HEREN +50

Place	Bib #	Name	Time	Type	City	
1	114	DIRK VERLEYEN	01:20:56.32	H50	Bredene	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:18:20.416	10.0mph	06:01	00:18:20.416
		Bike	00:53:38.855	24.4mph	02:27	01:11:59.271
		Run 2	00:08:57.051	10.2mph	05:52	01:20:56.322
2	54	HERMAN ANDRIES	01:25:06.07	H50	Lippelo	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:20:11.299	9.0mph	06:37	00:20:11.299
		Bike	00:55:29.375	23.6mph	02:32	01:15:40.674
		Run 2	00:09:25.405	9.7mph	06:11	01:25:06.079
3	83	YVES GAZULLA	01:25:06.65	H50	Daknam	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:19:42.880	9.3mph	06:28	00:19:42.880
		Bike	00:56:40.748	23.4mph	02:33	01:15:38.167
		Run 2	00:09:28.490	9.6mph	06:13	01:25:06.657
4	49	PATRICK SOETAERT	01:25:13.61	H50	Dentergem	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:19:12.395	9.5mph	06:18	00:19:12.395
		Bike	00:56:40.748	23.1mph	02:36	01:15:53.143
		Run 2	00:09:20.467	9.8mph	06:08	01:25:13.610
5	120	FRANK VAN TRICHT	01:25:39.75	H50	Gook	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:19:45.514	9.2mph	06:29	00:19:45.514
		Bike	00:56:20.154	23.2mph	02:35	01:16:05.668
		Run 2	00:09:34.083	9.5mph	06:17	01:25:39.751
6	126	SIMON YEARSLEY	01:26:36.94	H50	Everberg	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:20:15.726	9.0mph	06:39	00:20:15.726
		Bike	00:56:15.200	23.2mph	02:34	01:16:30.926
		Run 2	00:10:06.020	9.0mph	06:38	01:26:36.946
7	107	WIM DE WAELE	01:27:15.99	H50	Kruishoutem	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:20:12.443	9.0mph	06:38	00:20:12.443
		Bike	00:56:17.269	23.2mph	02:34	01:16:29.712
		Run 2	00:10:46.285	8.5mph	07:04	01:27:15.997
8	44	WIM JACOBS	01:28:28.17	H50	Wichelen	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:20:38.788	8.8mph	06:46	00:20:38.788
		Bike	00:56:12.652	23.3mph	02:34	01:16:51.440
		Run 2	00:11:36.733	7.9mph	07:37	01:28:28.173
9	118	PHILIPPE VANDEPUTTE	01:34:01.38	H50	Zwijndrecht	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:22:10.172	8.2mph	07:16	00:22:10.172
		Bike	00:59:56.063	21.8mph	02:45	01:22:06.235
		Run 2	00:11:55.153	7.7mph	07:49	01:34:01.388
10	42	YVES PHILIPS	01:38:34.97	H50	Moerkerke	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:23:48.170	7.7mph	07:49	00:23:48.170
		Bike	00:51:32.869	25.4mph	02:21	01:15:21.039
		Run 2	00:23:13.933	3.9mph	15:15	01:38:34.972
11	8	GEERT VAN MOERZEKE	01:40:01.07	H50	Grembergen	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:24:48.752	7.4mph	08:08	00:24:48.752
		Bike	01:01:34.741	21.2mph	02:49	01:26:23.493
		Run 2	00:13:37.577	6.7mph	08:57	01:40:01.070

DAMES +50

Place	Bib #	Name	Time	Type	City	
1	110	ANNELEEN HUYGHE	01:43:01.23	D50	Sint-Laureins	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:23:49.170	7.7mph	07:49	00:23:49.170
		Bike	01:07:26.324	19.4mph	03:05	01:31:15.494
		Run 2	00:11:45.745	7.8mph	07:43	01:43:01.239

HEREN +60

Place	Bib #	Name	Time	Type	City	
1	47	BERNARD DEMEULEMEESTER	01:29:59.09	H60	Zwevegem	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:22:12.368	8.2mph	07:17	00:22:12.368
		Bike	00:56:56.240	23.0mph	02:36	01:19:08.608
		Run 2	00:10:50.482	8.4mph	07:07	01:29:59.090
2	23	DANIEL LIESENBORGS	01:30:47.49	H60	Scherpenheuvel-Zichem	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:22:23.676	8.2mph	07:21	00:22:23.676
		Bike	00:56:53.593	23.0mph	02:36	01:19:17.269
		Run 2	00:11:30.221	7.9mph	07:33	01:30:47.490
3	48	PHILIPPE VANRYSELBERGHE	01:40:40.32	H60	Ramskapelle	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:24:39.303	7.4mph	08:05	00:24:39.303
		Bike	01:02:45.394	20.8mph	02:52	01:27:24.697
		Run 2	00:13:15.631	6.9mph	08:42	01:40:40.328
4	50	JULES VAN CAMP	01:43:00.94	H60	Gierle	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:25:04.566	7.3mph	08:14	00:25:04.566
		Bike	01:05:03.806	20.1mph	02:59	01:30:08.372
		Run 2	00:12:52.568	7.1mph	08:27	01:43:00.940
5	57	HERMAN VAN DRIESCHE	01:49:32.57	H60	Zelee	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:25:45.159	7.1mph	08:27	00:25:45.159
		Bike	01:08:46.267	19.0mph	03:09	01:34:31.426
		Run 2	00:15:01.149	6.1mph	09:51	01:49:32.575
6	1	ROBERTO FELACO	01:50:08.47	H60	Lodelinsart	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:24:55.163	7.3mph	08:11	00:24:55.163
		Bike	01:11:26.860	18.3mph	03:16	01:36:22.023
		Run 2	00:13:46.451	6.6mph	09:02	01:50:08.474

DAMES DUO

Place	Bib #	Name	Time	Type	City	
1	201	VAN DROOGENBROECK - TIELEMANS SANDRINE & MARLEEN	01:46:34.05	DUOD	Atembeke	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:28:41.912	6.4mph	09:25	00:28:41.912
		Bike	01:03:51.542	20.5mph	02:55	01:32:33.454
		Run 2	00:14:00.596	6.5mph	09:12	01:46:34.050

HEREN DUO

Place	Bib #	Name	Time	Type	City	
1	211	DE LOOSE - DE SCHRYVER STEVEN & DAVY	01:15:11.86	DUOH	Kalken	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:16:15.503	11.2mph	05:20	00:16:15.503
		Bike	00:51:14.342	25.5mph	02:21	01:07:29.845
		Run 2	00:07:42.018	11.9mph	05:03	01:15:11.863
2	228	ANDY & MATTEO DE SMET	01:15:16.22	DUOH	Waregem	
		<i>Split Description</i>	<i>Split Times</i>	<i>Speed</i>	<i>Pace</i>	<i>Cumulative</i>
		Run 1	00:15:53.578	11.5mph	05:13	00:15:53.578
		Bike	00:51:33.885	25.4mph	02:21	01:07:27.463
		Run 2	00:07:48.761	11.7mph	05:07	01:15:16.224

22ste Vlaschaard Duatlon 2022

HEREN DUO

Place	Bib #	Name	Time	Type	City	
3	221	VERMEIREN - KESTELEYN WANNES & BRAM	01:16:26.98	DUOH	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:16:41.901	10.9mph	05:29	00:16:41.901
		Bike	00:52:02.279	25.1mph	02:23	01:08:44.180
		Run 2	00:07:42.805	11.8mph	05:04	01:16:26.985
4	208	DE LAUSNAY - WIELS KOEN & BRENT	01:16:48.30	DUOH	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:09.773	10.6mph	05:38	00:17:09.773
		Bike	00:51:33.695	25.4mph	02:21	01:08:43.468
		Run 2	00:08:04.833	11.3mph	05:18	01:16:48.301
5	202	HOSTE - TAVERNIER LEVI & THOMAS	01:16:57.59	DUOH	De Pinte	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:33.450	10.4mph	05:45	00:17:33.450
		Bike	00:51:16.935	25.5mph	02:21	01:08:50.385
		Run 2	00:08:07.207	11.2mph	05:20	01:16:57.592
6	217	VAN LANGENHOVEN - VAN DER SCHUEREN STIJN & KLAAS	01:17:05.89	DUOH	Aalst	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:55.210	10.2mph	05:53	00:17:55.210
		Bike	00:51:01.231	25.6mph	02:20	01:08:56.441
		Run 2	00:08:09.449	11.2mph	05:21	01:17:05.890
7	220	MEULEMAN - VAN PRAET JEROEN & SANDER	01:17:06.63	DUOH	Gent	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:58.138	10.2mph	05:54	00:17:58.138
		Bike	00:50:48.970	25.7mph	02:19	01:08:47.108
		Run 2	00:08:19.524	11.0mph	05:28	01:17:06.632
8	225	DE PAEPE - VERPAEPE SAM & MICHAEL	01:17:11.46	DUOH	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:18:07.939	10.1mph	05:57	00:18:07.939
		Bike	00:50:38.799	25.8mph	02:19	01:08:46.738
		Run 2	00:08:24.731	10.9mph	05:31	01:17:11.469
9	224	VAN DE GUCHT - LAMBRECHT JARNE & HAN	01:17:25.58	DUOH	Gijzegem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:22.626	10.5mph	05:42	00:17:22.626
		Bike	00:51:49.202	25.2mph	02:22	01:09:11.828
		Run 2	00:08:13.754	11.1mph	05:24	01:17:25.582
10	222	VAN LOKEREN - VAN DRIESSCHE GIOVANNI & TOM	01:20:39.40	DUOH	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:18:24.009	9.9mph	06:02	00:18:24.009
		Bike	00:53:30.628	24.4mph	02:27	01:11:54.637
		Run 2	00:08:44.763	10.4mph	05:44	01:20:39.400
11	227	VANDEPUTTE - DUQUET LENNERT & TOM	01:21:36.91	DUOH	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:18:54.550	9.7mph	06:12	00:18:54.550
		Bike	00:53:45.593	24.3mph	02:28	01:12:40.143
		Run 2	00:08:56.772	10.2mph	05:52	01:21:36.915
12	213	VAN DEN BERGE - DE MULDER CÉDRIC & GERT	01:21:41.53	DUOH	Geraardsbergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:15.100	9.5mph	06:19	00:19:15.100
		Bike	00:53:33.927	24.4mph	02:27	01:12:49.027
		Run 2	00:08:52.508	10.3mph	05:49	01:21:41.535

HEREN DUO

Place	Bib #	Name	Time	Type	City	
13	207	DUJARDIN - VAN DER KELEN STEVEN & VICTOR	01:21:56.90	DUOH	Waasmunster	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:20.918	9.4mph	06:21	00:19:20.918
		Bike	00:53:20.119	24.5mph	02:26	01:12:41.037
		Run 2	00:09:15.869	9.9mph	06:05	01:21:56.906
14	226	VAN MELE - ROELS SAM & JONAS	01:23:53.06	DUOH	Temse	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:15:55.661	11.5mph	05:13	00:15:55.661
		Bike	00:58:40.052	22.3mph	02:41	01:14:35.713
		Run 2	00:09:17.354	9.8mph	06:06	01:23:53.067
15	219	MOREELS - WAEGEMAN SIMON & ANTON	01:24:46.76	DUOH	Zeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:46.918	9.2mph	06:29	00:19:46.918
		Bike	00:55:24.378	23.6mph	02:32	01:15:11.296
		Run 2	00:09:35.464	9.5mph	06:18	01:24:46.760
16	223	DOBBELS - TERRYEN SAM & ARNE	01:27:43.88	DUOH	Lendeledede	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:27.739	9.4mph	06:23	00:19:27.739
		Bike	00:59:00.490	22.2mph	02:42	01:18:28.229
		Run 2	00:09:15.658	9.9mph	06:04	01:27:43.887
17	210	VANRYSELBERGHE - VAN DEN ABBEELE PATRICK & GERT	01:29:40.72	DUOH	Machelen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:01.679	9.1mph	06:34	00:20:01.679
		Bike	00:58:56.640	22.2mph	02:42	01:18:58.319
		Run 2	00:10:42.410	8.5mph	07:01	01:29:40.729
18	205	VANBELLE - DE LEEUW CHRIS & TONY	01:33:37.84	DUOH	Denterghem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:49.599	8.0mph	07:29	00:22:49.599
		Bike	00:59:52.709	21.8mph	02:44	01:22:42.308
		Run 2	00:10:55.538	8.4mph	07:10	01:33:37.846
19	212	DHONDT - VAN LIMBERGHEN JEF & FRAN	01:36:24.24	DUOH	Wetteren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:24:24.045	7.5mph	08:00	00:24:24.045
		Bike	01:00:48.263	21.5mph	02:47	01:25:12.308
		Run 2	00:11:11.940	8.2mph	07:21	01:36:24.248
20	204	SCHETS - DE LEEUW JAKOB & JARNE	01:37:45.49	DUOH	Erpe-Mere	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:43.431	8.0mph	07:27	00:22:43.431
		Bike	01:04:00.217	20.4mph	02:56	01:26:43.648
		Run 2	00:11:01.844	8.3mph	07:14	01:37:45.492

22ste Vlaschaard Duatlon 2022

GEMENGD DUO

Place	Bib #	Name	Time	Type	City	
1	203	BOGAERT - DE BLOCK SHARON & FILIP	01:21:56.12	DUOG	Stekene	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:19.107	9.5mph	06:20	00:19:19.107
		Bike	00:53:16.055	24.5mph	02:26	01:12:35.162
		Run 2	00:09:20.961	9.8mph	06:08	01:21:56.123
2	215	AUDENAERT - HOFMAN EVELINE & DRIES	01:26:06.40	DUOG	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:06.625	8.7mph	06:56	00:21:06.625
		Bike	00:55:06.626	23.7mph	02:31	01:16:13.251
		Run 2	00:09:53.151	9.2mph	06:29	01:26:06.402
3	206	AUDENAERT - DE BACKER STEPHANIE & JOACHIM	01:29:04.32	DUOG	Sint-Gillis- Waas	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:48.854	8.4mph	07:09	00:21:48.854
		Bike	00:56:54.715	23.0mph	02:36	01:18:43.569
		Run 2	00:10:20.759	8.8mph	06:47	01:29:04.328
4	216	MOREELS - WIELS FIEN & LIEVEN	01:29:40.82	DUOG	Zelee	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:40.274	8.1mph	07:26	00:22:40.274
		Bike	00:56:05.003	23.3mph	02:34	01:18:45.277
		Run 2	00:10:55.545	8.4mph	07:10	01:29:40.822
5	214	DETOMBE - DETOMBE PIETER & MARGO	01:30:19.31	DUOG	Zwevegem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:00.024	9.1mph	06:34	00:20:00.024
		Bike	01:01:10.324	21.4mph	02:48	01:21:10.348
		Run 2	00:09:08.966	10.0mph	06:00	01:30:19.314
6	200	WALPUT - BRACKE TINEKE & HENDRIK	01:42:47.45	DUOG	Evergem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:31:56.462	5.7mph	10:29	00:31:56.462
		Bike	00:55:02.703	23.8mph	02:31	01:26:59.165
		Run 2	00:15:48.294	5.8mph	10:22	01:42:47.459

HEREN +24

Place	Bib #	Name	Time	Type	City	
1	24	RUBEN VAN PRAET	01:15:17.92	H24	Ledeberg	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:15:30.920	11.8mph	05:05	00:15:30.920
		Bike	00:52:25.664	24.9mph	02:24	01:07:56.584
		Run 2	00:07:21.345	12.4mph	04:49	01:15:17.929
2	4	GRIM DOCLO	01:15:25.80	H24	Geraardsberge n	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:16:01.062	11.4mph	05:15	00:16:01.062
		Bike	00:51:43.150	25.3mph	02:22	01:07:44.212
		Run 2	00:07:41.596	11.9mph	05:03	01:15:25.808
3	84	WAZO DE ROUCK	01:15:37.88	H24	Bever	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:15:36.607	11.7mph	05:07	00:15:36.607
		Bike	00:52:08.880	25.1mph	02:23	01:07:45.487
		Run 2	00:07:52.400	11.6mph	05:10	01:15:37.887
4	68	LANDER VAN DROOGENBROECK	01:16:03.18	H24	Opwijk	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:15:47.151	11.6mph	05:11	00:15:47.151
		Bike	00:52:04.431	25.1mph	02:23	01:07:51.582
		Run 2	00:08:11.606	11.1mph	05:22	01:16:03.188
5	28	SVEN MAES	01:17:30.11	H24	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:16:43.857	10.9mph	05:29	00:16:43.857
		Bike	00:52:10.518	25.1mph	02:23	01:08:54.375
		Run 2	00:08:35.739	10.6mph	05:38	01:17:30.114

HEREN +24

Place	Bib #	Name	Time	Type	City	
6	7	GIANNI VANHOOREN	01:17:43.98	H24	Zedelgem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:16:32.181	11.0mph	05:25	00:16:32.181
		Bike	00:52:34.625	24.9mph	02:24	01:09:06.806
		Run 2	00:08:37.180	10.6mph	05:39	01:17:43.986
7	94	SANDER VAN ASSCHE	01:18:11.56	H24	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:16:58.393	10.8mph	05:34	00:16:58.393
		Bike	00:52:25.505	24.9mph	02:24	01:09:23.898
		Run 2	00:08:47.670	10.4mph	05:46	01:18:11.568
8	11	JEFFREY HERREBAUT	01:18:37.90	H24	Serskamp	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:53.814	10.2mph	05:52	00:17:53.814
		Bike	00:51:11.304	25.5mph	02:20	01:09:05.118
		Run 2	00:09:32.790	9.6mph	06:16	01:18:37.908
9	64	MATS VANLUCHENE	01:18:54.54	H24	Oostrozebeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:57.680	10.2mph	05:53	00:17:57.680
		Bike	00:51:14.811	25.5mph	02:21	01:09:12.491
		Run 2	00:09:42.051	9.4mph	06:22	01:18:54.542
10	29	BERT MISPLON	01:21:19.92	H24	Gentbrugge	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:18:06.461	10.1mph	05:56	00:18:06.461
		Bike	00:54:55.749	23.8mph	02:31	01:13:02.210
		Run 2	00:08:17.714	11.0mph	05:26	01:21:19.924
11	104	KEVIN GOEMINNE	01:21:58.42	H24	Anderlecht	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:18:30.552	9.9mph	06:04	00:18:30.552
		Bike	00:54:25.815	24.0mph	02:29	01:12:56.367
		Run 2	00:09:02.061	10.1mph	05:56	01:21:58.428
12	127	ARNO POULIART	01:22:22.27	H24	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:16.158	9.5mph	06:19	00:19:16.158
		Bike	00:53:35.488	24.4mph	02:27	01:12:51.646
		Run 2	00:09:30.633	9.6mph	06:14	01:22:22.279
13	75	JONAS FOCKEY	01:22:41.57	H24	Tielt	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:18:01.979	10.1mph	05:55	00:18:01.979
		Bike	00:54:56.611	23.8mph	02:31	01:12:58.590
		Run 2	00:09:42.985	9.4mph	06:22	01:22:41.575
14	45	STIJN D'HEER	01:23:06.32	H24	Zelee	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:19.894	10.5mph	05:41	00:17:19.894
		Bike	00:59:48.086	21.9mph	02:44	01:17:07.980
		Run 2	00:05:58.341	15.3mph	03:55	01:23:06.321
15	96	NIELS AZOU	01:23:09.32	H24	Roeselare	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:00.648	9.6mph	06:14	00:19:00.648
		Bike	00:54:09.119	24.1mph	02:29	01:13:09.767
		Run 2	00:09:59.560	9.1mph	06:33	01:23:09.327
16	19	PIETER DE WILDE	01:23:11.57	H24	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:59.211	8.3mph	07:13	00:21:59.211
		Bike	00:51:08.469	25.6mph	02:20	01:13:07.680
		Run 2	00:10:03.890	9.1mph	06:36	01:23:11.570
17	116	MATTHIAS HEYVAERT	01:25:00.06	H24	Affligem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:08.215	9.5mph	06:17	00:19:08.215
		Bike	00:56:35.637	23.1mph	02:35	01:15:43.852
		Run 2	00:09:16.210	9.9mph	06:05	01:25:00.062
18	62	PIETER KESTELEYN	01:25:01.99	H24	Zelee	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:13.840	9.5mph	06:18	00:19:13.840
		Bike	00:56:35.149	23.1mph	02:35	01:15:48.989
		Run 2	00:09:13.010	9.9mph	06:03	01:25:01.999

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HEREN +24

Place	Bib #	Name	Time	Type	City	
19	71	KEVIN SLINCX	01:25:15.04	H24	Geraardsberge n	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:33.460	9.3mph	06:25	00:19:33.460
		Bike	00:56:02.798	23.3mph	02:34	01:15:36.258
		Run 2	00:09:38.791	9.5mph	06:20	01:25:15.049
20	72	WOUTER DE BEUF	01:25:15.72	H24	Gent	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:32.187	9.4mph	06:24	00:19:32.187
		Bike	00:56:16.146	23.2mph	02:34	01:15:48.333
		Run 2	00:09:27.387	9.7mph	06:12	01:25:15.720
21	32	KENNETH DE BAETS	01:25:46.42	H24	Overmere	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:52.922	9.2mph	06:31	00:19:52.922
		Bike	00:55:54.044	23.4mph	02:33	01:15:46.966
		Run 2	00:09:59.455	9.1mph	06:33	01:25:46.421
22	13	JUNIOR SERGOORIS	01:27:12.40	H24	Haaltert	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:38.913	8.8mph	06:46	00:20:38.913
		Bike	00:55:43.039	23.5mph	02:33	01:16:21.952
		Run 2	00:10:50.456	8.4mph	07:07	01:27:12.408
23	26	TIMO VAN CANEGHEM	01:28:34.94	H24	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:39.756	8.8mph	06:47	00:20:39.756
		Bike	00:56:08.936	23.3mph	02:34	01:16:48.692
		Run 2	00:11:46.250	7.8mph	07:43	01:28:34.942
24	66	MATHIAS MALFROID	01:28:58.15	H24	Ninove	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:12.422	8.6mph	06:57	00:21:12.422
		Bike	00:57:30.575	22.7mph	02:38	01:18:42.997
		Run 2	00:10:15.157	8.9mph	06:44	01:28:58.154
25	115	TOM DE MEYER	01:29:59.87	H24	Stabroek	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:37.331	8.4mph	07:06	00:21:37.331
		Bike	00:56:53.392	23.0mph	02:36	01:18:30.723
		Run 2	00:11:29.147	8.0mph	07:32	01:29:59.870
26	22	MATTHIAS DE PAEPE	01:30:07.12	H24	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:39.843	8.4mph	07:06	00:21:39.843
		Bike	00:57:18.819	22.8mph	02:37	01:18:58.662
		Run 2	00:11:08.458	8.2mph	07:19	01:30:07.120
27	124	JEROEN MISPLON	01:30:14.77	H24	Gentbrugge	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:14.583	8.2mph	07:18	00:22:14.583
		Bike	00:57:21.587	22.8mph	02:37	01:19:36.170
		Run 2	00:10:38.606	8.6mph	06:59	01:30:14.776
28	6	TOON VAN DURM	01:30:52.94	H24	Kalken	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:35.571	8.1mph	07:25	00:22:35.571
		Bike	00:57:09.897	22.9mph	02:37	01:19:45.468
		Run 2	00:11:07.479	8.2mph	07:18	01:30:52.947
29	61	WOUTER VANMECHELEN	01:31:45.07	H24	Huldenberg	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:16.567	8.2mph	07:18	00:22:16.567
		Bike	00:59:13.066	22.1mph	02:43	01:21:29.633
		Run 2	00:10:15.437	8.9mph	06:44	01:31:45.070
30	109	JONAS MUNGHEN	01:33:19.05	H24	Sint-Pauwels	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:17.726	8.2mph	07:19	00:22:17.726
		Bike	00:59:38.088	21.9mph	02:44	01:21:55.814
		Run 2	00:11:23.238	8.0mph	07:28	01:33:19.052
31	125	YOREN VAN COUWENBERGHE	01:34:10.15	H24	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:42.673	8.8mph	06:48	00:20:42.673
		Bike	01:04:00.567	20.4mph	02:56	01:24:43.240
		Run 2	00:09:26.918	9.7mph	06:12	01:34:10.158

HEREN +24

Place	Bib #	Name	Time	Type	City	
32	52	DAAN DE SMET	01:34:39.42	H24	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:24.585	9.0mph	06:42	00:20:24.585
		Bike	00:56:00.556	23.3mph	02:34	01:16:25.141
		Run 2	00:18:14.279	5.0mph	11:58	01:34:39.420
33	25	ERIC BALEMANS	01:36:44.57	H24	Mariakerke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:20:58.170	8.7mph	06:53	00:20:58.170
		Bike	01:04:40.943	20.2mph	02:58	01:25:39.113
		Run 2	00:11:05.466	8.2mph	07:17	01:36:44.579
34	121	KEVIN VAN DE WIELE	01:38:19.97	H24	Merelbeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:09.549	8.2mph	07:16	00:22:09.549
		Bike	01:04:35.026	20.2mph	02:57	01:26:44.575
		Run 2	00:11:35.401	7.9mph	07:36	01:38:19.976
35	59	KRISTOF BOULLARD	01:40:36.10	H24	Idegem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:23:57.541	7.6mph	07:52	00:23:57.541
		Bike	01:04:24.562	20.3mph	02:57	01:28:22.103
		Run 2	00:12:14.003	7.5mph	08:02	01:40:36.106
36	51	GIL VAN MALDEREN	01:42:02.31	H24	Merchtem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:38.261	8.4mph	07:06	00:21:38.261
		Bike	01:00:53.889	21.5mph	02:47	01:22:32.150
		Run 2	00:19:30.167	4.7mph	12:48	01:42:02.317
37	112	MAARTEN CALLEWAERT	01:43:31.70	H24	Gent	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:24:09.350	7.6mph	07:56	00:24:09.350
		Bike	01:06:19.894	19.7mph	03:02	01:30:29.244
		Run 2	00:13:02.461	7.0mph	08:33	01:43:31.705
38	113	ZENO DE ROUCK	01:49:29.88	H24	Geeraardsberg en	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:47.555	10.3mph	05:50	00:17:47.555
		Bike	00:55:13.362	23.7mph	02:32	01:13:00.917
		Run 2	00:36:28.966	2.5mph	23:57	01:49:29.883
39	17	MAARTEN VAN DYCK	01:50:06.24	H24	Zelev	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:24:19.920	7.5mph	07:59	00:24:19.920
		Bike	01:14:13.102	17.6mph	03:24	01:38:33.022
		Run 2	00:11:33.219	7.9mph	07:35	01:50:06.241
40	101	SIMON VERLINDEN	01:55:37.99	H24	Wemmel	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:27:45.159	6.6mph	09:06	00:27:45.159
		Bike	01:12:25.179	18.1mph	03:19	01:40:10.338
		Run 2	00:15:27.657	5.9mph	10:09	01:55:37.995

22ste Vlaschaard Duatlon 2022

DAMES +24

Place	Bib #	Name	Time	Type	City	
1	95	NOOR DEKKER	01:22:18.04	D24	Middelburg	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:17:51.816	10.2mph	05:52	00:17:51.816
		Bike	00:55:20.629	23.6mph	02:32	01:13:12.445
		Run 2	00:09:05.595	10.0mph	05:58	01:22:18.040
2	55	LORE PHILIPPE	01:25:20.74	D24	Pelt	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:42.898	9.3mph	06:28	00:19:42.898
		Bike	00:55:52.122	23.4mph	02:33	01:15:35.020
		Run 2	00:09:45.720	9.4mph	06:24	01:25:20.740
3	100	SANDY JANSSEN	01:25:29.41	D24	Borchtlombeek	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:57.367	9.2mph	06:33	00:19:57.367
		Bike	00:55:40.380	23.5mph	02:33	01:15:37.747
		Run 2	00:09:51.670	9.3mph	06:28	01:25:29.417
4	9	RUTH VERMEIREN	01:29:54.53	D24	Loenhout	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:21:34.067	8.5mph	07:05	00:21:34.067
		Bike	00:57:10.429	22.9mph	02:37	01:18:44.496
		Run 2	00:11:10.040	8.2mph	07:20	01:29:54.536
5	46	ZENOBIE VANGANSBEKE	01:33:09.10	D24	Lievegem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:19:54.157	9.2mph	06:32	00:19:54.157
		Bike	01:03:23.327	20.6mph	02:54	01:23:17.484
		Run 2	00:09:51.616	9.3mph	06:28	01:33:09.100
6	37	AN-SOFIE VAN LANGENHOVE	01:38:38.61	D24	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:23:33.082	7.8mph	07:44	00:23:33.082
		Bike	01:03:30.361	20.6mph	02:54	01:27:03.443
		Run 2	00:11:35.167	7.9mph	07:36	01:38:38.610
7	88	JOYCE DE LOOF	01:43:58.64	D24	Ruislede	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:27:39.769	6.6mph	09:05	00:27:39.769
		Bike	01:02:16.664	21.0mph	02:51	01:29:56.433
		Run 2	00:14:02.211	6.5mph	09:13	01:43:58.644
8	79	EVY TILLAERT	01:48:45.73	D24	Beernem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:27:42.392	6.6mph	09:05	00:27:42.392
		Bike	01:02:25.018	20.9mph	02:51	01:30:07.410
		Run 2	00:18:38.325	4.9mph	12:14	01:48:45.735
9	74	TINEKE VAN BIESEN	01:49:04.57	D24	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:22:22.247	8.2mph	07:20	00:22:22.247
		Bike	00:50:34.293	25.9mph	02:19	01:12:56.540
		Run 2	00:36:08.036	2.5mph	23:44	01:49:04.576
10	92	LAURA SMETS	01:54:43.47	D24	Antwerpen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:30:05.643	6.1mph	09:53	00:30:05.643
		Bike	01:10:42.121	18.5mph	03:14	01:40:47.764
		Run 2	00:13:55.715	6.6mph	09:08	01:54:43.479
11	33	LARISSA DE VLIAGER	01:57:49.75	D24	Lebbeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:29:16.357	6.2mph	09:36	00:29:16.357
		Bike	00:59:15.773	22.1mph	02:43	01:28:32.130
		Run 2	00:29:17.629	3.1mph	19:14	01:57:49.759
12	56	YASMINE VAN OVERMEIRE	02:11:47.12	D24	Hofstade	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:28:55.778	6.3mph	09:30	00:28:55.778
		Bike	01:28:29.309	14.8mph	04:03	01:57:25.087
		Run 2	00:14:22.034	6.4mph	09:26	02:11:47.121