

# 6KM - Kapellekensjogging 2022

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	BRYAN ROOSENBOOM	ZELE,	M: 1	RUNNER	187	00:19:04.53	05:28	17.6kph	Mannen: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:09:12.94	05:17	11.3mph	00:09:12.94
						Split 2	00:09:51.60	05:40	10.6mph	00:19:04.53
2	ERWIN VAN PUYENBROECKGREMBERGEN,		M: 2	RUNNER	189	00:20:24.94	05:52	16.5kph	Mannen: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:09:50.67	05:39	10.6mph	00:09:50.67
						Split 2	00:10:34.27	06:04	9.9mph	00:20:24.94
3	GREGORY MEERT	GREMBERGEN,	M: 3	RUNNER	178	00:21:18.02	06:07	15.8kph	Mannen: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:10:37.25	06:06	9.8mph	00:10:37.25
						Split 2	00:10:40.77	06:08	9.8mph	00:21:18.02
4	REX CASTELIJN	TEMSE,	M: 4	RUNNER	173	00:22:18.84	06:24	15.1kph	Mannen: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:10:41.69	06:08	9.8mph	00:10:41.69
						Split 2	00:11:37.15	06:40	9.0mph	00:22:18.84
5	MARNIK SNOECK	HAMME,	M: 5	RUNNER	193	00:23:11.26	06:39	14.5kph	Mannen: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:14.30	06:27	9.3mph	00:11:14.30
						Split 2	00:11:56.96	06:52	8.7mph	00:23:11.26
6	WENDY VERSCHULDEN	HAMME,	F: 1	RUNNER	154	00:24:02.36	06:54	14.0kph	Vrouwen: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:12:02.82	06:55	8.7mph	00:12:02.82
						Split 2	00:11:59.54	06:53	8.7mph	00:24:02.36
7	JULIEN DE MEULEMEESTER	GREMBERGEN,	M: 6	RUNNER	192	00:26:20.41	07:34	12.8kph	Mannen: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:12:59.49	07:28	8.0mph	00:12:59.49
						Split 2	00:13:20.92	07:40	7.8mph	00:26:20.41
8	ERIC VAN DAMME	ZELE,	M: 7	RUNNER	155	00:26:29.92	07:36	12.7kph	Mannen: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:13:03.97	07:30	8.0mph	00:13:03.97
						Split 2	00:13:25.95	07:43	7.8mph	00:26:29.92
9	CHRIS SCHELKENS	DENDERMONDE,	M: 8	RUNNER	162	00:27:05.63	07:47	12.4kph	Mannen: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:13:58.64	08:02	7.5mph	00:13:58.64
						Split 2	00:13:07.00	07:32	8.0mph	00:27:05.63
10	MARITA HOFMANS	DENDERMONDE,	F: 2	RUNNER	163	00:29:06.44	08:21	11.5kph	Vrouwen: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:14:20.75	08:14	7.3mph	00:14:20.75
						Split 2	00:14:45.69	08:29	7.1mph	00:29:06.44
11	TOM DE RUDDER	TEMSE,	M: 9	RUNNER	194	00:30:44.94	08:50	10.9kph	Mannen: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:14:49.13	08:31	7.0mph	00:14:49.13
						Split 2	00:15:55.82	09:09	6.6mph	00:30:44.94
12	HILDE MOENS	DENDERMONDE,	F: 3	RUNNER	166	00:32:36.40	09:22	10.3kph	Vrouwen: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:16:22.28	09:24	6.4mph	00:16:22.28
						Split 2	00:16:14.12	09:19	6.4mph	00:32:36.40
13	ANN RUBBENS	GREMBERGEN,	F: 4	RUNNER	198	00:37:15.49	10:42	9.0kph	Vrouwen: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:19:19.17	11:06	5.4mph	00:19:19.17
						Split 2	00:17:56.33	10:18	5.8mph	00:37:15.49
14	ELLA VERCAUTEREN	HAMME,	F: 5	RUNNER	184	00:38:02.18	10:55	8.8kph	Vrouwen: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:18:15.96	10:29	5.7mph	00:18:15.96
						Split 2	00:19:46.23	11:21	5.3mph	00:38:02.18
15	TIM VAN ACKER	HAMME-ZOGGE,	M: 10	RUNNER	197	00:38:02.40	10:55	8.8kph	Mannen: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:18:49.62	10:49	5.5mph	00:18:49.62
						Split 2	00:19:12.79	11:02	5.4mph	00:38:02.40

# 6KM - Kapellekensjogging 2022

<u>Place</u>	<u>Name</u>	<u>Hometown</u>	<u>Gender</u>	<u>Type</u>	<u>Bib #</u>	<u>Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Division Rank</u>
16	KOEN VAN HOECKE	GREMBERGEN,	M: 11	RUNNER	159	00:38:44.52	11:08	8.7kph	Mannen: 11
			<u>Split Description</u>			<u>Split Time</u>		<u>Pace</u>	
			Split 1			00:19:09.37		11:00	00:19:09.37
			Split 2			00:19:35.16		11:15	00:38:44.52
								<u>Speed</u>	<u>Cumulative</u>
								5.4mph	00:19:09.37
								5.3mph	00:38:44.52