

6KM - Kapellekensjogging 2022

Mannen

Place	Bib #	Name	Time	Type	City	
1	187	BRYAN ROOSENBOOM	00:19:04.52	Runner	Zelee	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:09:12.934	11.3mph	05:17	00:09:12.934
		Split 2	00:09:51.593	10.6mph	05:40	00:19:04.527
2	189	ERWIN VAN PUYENBROECK	00:20:24.93	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:09:50.666	10.6mph	05:39	00:09:50.666
		Split 2	00:10:34.267	9.9mph	06:04	00:20:24.933
3	178	GREGORY MEERT	00:21:18.01	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:37.243	9.8mph	06:06	00:10:37.243
		Split 2	00:10:40.768	9.8mph	06:08	00:21:18.011
4	173	REX CASTELIJN	00:22:18.83	Runner	Temse	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:41.686	9.8mph	06:08	00:10:41.686
		Split 2	00:11:37.149	9.0mph	06:40	00:22:18.835
5	193	MARNIK SNOECK	00:23:11.25	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:14.293	9.3mph	06:27	00:11:14.293
		Split 2	00:11:56.960	8.7mph	06:52	00:23:11.253
6	192	JULIEN DE MEULEMEESTER	00:26:20.40	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:59.488	8.0mph	07:28	00:12:59.488
		Split 2	00:13:20.916	7.8mph	07:40	00:26:20.404
7	155	ERIC VAN DAMME	00:26:29.91	Runner	Zelee	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:03.967	8.0mph	07:30	00:13:03.967
		Split 2	00:13:25.944	7.8mph	07:43	00:26:29.911
8	162	CHRIS SCHELKENS	00:27:05.63	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:58.632	7.5mph	08:02	00:13:58.632
		Split 2	00:13:06.998	8.0mph	07:32	00:27:05.630
9	194	TOM DE RUDDER	00:30:44.93	Runner	Temse	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:49.121	7.0mph	08:31	00:14:49.121
		Split 2	00:15:55.816	6.6mph	09:09	00:30:44.937
10	197	TIM VAN ACKER	00:38:02.39	Runner	Hamme-Zogge	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:18:49.616	5.5mph	10:49	00:18:49.616
		Split 2	00:19:12.783	5.4mph	11:02	00:38:02.399
11	159	KOEN VAN HOECKE	00:38:44.51	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:19:09.364	5.4mph	11:00	00:19:09.364
		Split 2	00:19:35.155	5.3mph	11:15	00:38:44.519

Vrouwen

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1	154	WENDY VERSCHELDEN	00:24:02.35	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:02.818	8.7mph	06:55	00:12:02.818
		Split 2	00:11:59.537	8.7mph	06:53	00:24:02.355
2	163	MARITA HOFMANS	00:29:06.43	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:20.750	7.3mph	08:14	00:14:20.750
		Split 2	00:14:45.683	7.1mph	08:29	00:29:06.433
3	166	HILDE MOENS	00:32:36.39	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:22.280	6.4mph	09:24	00:16:22.280
		Split 2	00:16:14.111	6.4mph	09:19	00:32:36.391
4	198	ANN RUBBENS	00:37:15.48	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:19:19.162	5.4mph	11:06	00:19:19.162
		Split 2	00:17:56.327	5.8mph	10:18	00:37:15.489
5	184	ELLA VERCAUTEREN	00:38:02.17	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:18:15.956	5.7mph	10:29	00:18:15.956
		Split 2	00:19:46.223	5.3mph	11:21	00:38:02.179