

12KM - Kapellekensjogging 2022

Mannen

Place	Bib #	Name	Time	Type	City	
1	196	YOERIK WAGEMANS	00:45:42.23	Runner	Daknam	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:43.074	9.7mph	06:09	00:10:43.074
		Split 2	00:11:16.978	9.3mph	06:29	00:22:00.052
		Split 3	00:11:55.063	8.8mph	06:50	00:33:55.115
		Split 4	00:11:47.120	8.9mph	06:46	00:45:42.235
2	160	PREBEN COLMAN	00:52:34.15	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:59.849	8.0mph	07:28	00:12:59.849
		Split 2	00:13:03.000	8.0mph	07:30	00:26:02.849
		Split 3	00:13:17.730	7.9mph	07:38	00:39:20.579
		Split 4	00:13:13.576	7.9mph	07:36	00:52:34.155
3	161	JOEKI FIERENS	00:54:04.91	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:05.051	8.0mph	07:31	00:13:05.051
		Split 2	00:13:31.130	7.7mph	07:46	00:26:36.181
		Split 3	00:13:42.299	7.6mph	07:52	00:40:18.480
		Split 4	00:13:46.431	7.6mph	07:55	00:54:04.911
4	203	MATTHIS AELBRECHT	00:54:47.10	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:39.124	8.3mph	07:16	00:12:39.124
		Split 2	00:13:18.934	7.8mph	07:39	00:25:58.058
		Split 3	00:13:33.070	7.7mph	07:47	00:39:31.128
		Split 4	00:15:15.975	6.8mph	08:46	00:54:47.103
5	170	JONAS VAN WEYENBERG	00:55:31.73	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:20.618	7.8mph	07:40	00:13:20.618
		Split 2	00:13:59.201	7.5mph	08:02	00:27:19.819
		Split 3	00:14:28.233	7.2mph	08:19	00:41:48.052
		Split 4	00:13:43.678	7.6mph	07:53	00:55:31.730
6	171	KEN VAN WEYENBERG	00:56:49.50	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:19.726	7.8mph	07:39	00:13:19.726
		Split 2	00:14:00.790	7.4mph	08:03	00:27:20.516
		Split 3	00:14:30.920	7.2mph	08:20	00:41:51.436
		Split 4	00:14:58.072	7.0mph	08:36	00:56:49.508
7	177	YORCHIM DIERICKX	00:58:36.73	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:56.392	7.5mph	08:00	00:13:56.392
		Split 2	00:14:09.244	7.4mph	08:08	00:28:05.636
		Split 3	00:15:14.080	6.9mph	08:45	00:43:19.716
		Split 4	00:15:17.019	6.8mph	08:47	00:58:36.735
8	181	PIETER VERCAUTEREN	01:03:21.07	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:01.700	6.5mph	09:12	00:16:01.700
		Split 2	00:15:35.018	6.7mph	08:57	00:31:36.718
		Split 3	00:16:35.329	6.3mph	09:32	00:48:12.047
		Split 4	00:15:09.024	6.9mph	08:42	01:03:21.071
9	179	GILBERT POPPE	01:05:43.50	Runner	Zele	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:15:13.765	6.9mph	08:45	00:15:13.765
		Split 2	00:16:12.035	6.4mph	09:18	00:31:25.800
		Split 3	00:16:58.845	6.1mph	09:45	00:48:24.645
		Split 4	00:17:18.857	6.0mph	09:57	01:05:43.502

Vrouwen

Place	Bib #	Name	Time	Type	City	
1	175	FLEUR DE NIL	00:48:33.31	Runner	Erembodegem	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:52.529	8.8mph	06:49	00:11:52.529
		Split 2	00:12:05.952	8.6mph	06:57	00:23:58.481
		Split 3	00:12:21.115	8.5mph	07:05	00:36:19.596
		Split 4	00:12:13.722	8.5mph	07:01	00:48:33.318
2	167	EVELINE AUDENAERT	00:52:00.53	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:55.351	8.8mph	06:51	00:11:55.351
		Split 2	00:12:48.039	8.2mph	07:21	00:24:43.390
		Split 3	00:13:38.093	7.7mph	07:50	00:38:21.483
		Split 4	00:13:39.048	7.6mph	07:50	00:52:00.531
3	176	DORITY OPALFVENS	01:07:36.37	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:13.486	6.4mph	09:19	00:16:13.486
		Split 2	00:16:45.251	6.2mph	09:37	00:32:58.737
		Split 3	00:17:08.558	6.1mph	09:51	00:50:07.295
		Split 4	00:17:29.082	6.0mph	10:02	01:07:36.377
4	152	NELE VAN HOECKE	01:09:07.20	Runner	Grembergen	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:17:21.168	6.0mph	09:58	00:17:21.168
		Split 2	00:17:22.173	6.0mph	09:59	00:34:43.341
		Split 3	00:17:13.739	6.1mph	09:54	00:51:57.080
		Split 4	00:17:10.121	6.1mph	09:52	01:09:07.201